

# Choosing Your Confirmation Sponsor Due January Session



## Why a Sponsor?

From the earliest days of the Church, those seeking communion with the Church were supported by specific people chosen from the community. At your Baptism those significant people were your parents and godparents (your baptismal sponsors) who promised that you would be raised in the faith. They professed their faith because you could not speak for yourself. Your parents accepted the responsibility of training you in the practice of the faith. Your godparents promised to help your parents. In Confirmation you will speak for yourself; you will renew your baptismal promises. You will be supported by a sponsor who will stand with you and present you to the (Arch)Bishop for Confirmation.

## Requirements of a Confirmation Sponsor under Canon Law

- Manner of life must be in harmony with the faith and the role to be undertaken;
- Have received the Catholic Sacraments of Baptism, Confirmation and Eucharist;
- Attend Mass regularly on Sundays and Holy Days of Obligation;
- Have attained the required minimum age of 16 years;
- Not be the parent of the person being confirmed;
- If married, the sponsor's marriage must be canonically valid and recognized as such by the Catholic Church.

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## Choosing a Sponsor

The church encourages you to choose, if possible, one of your baptismal godparents to be your sponsor for Confirmation because this expresses more clearly the link between your Baptism and Confirmation. Your sponsor should be someone you respect and that you feel fully lives out their Catholic faith.

## Obtaining the form

Your chosen sponsor should contact their church office and ask for a sponsor form. It should be delivered to our church (mail, email, faxed or handed in) by the January session.

## Proxy Information

If your sponsor is not able to attend the Confirmation Ceremony a Proxy is someone who may stand in for your chosen sponsor. Your sponsors proxy should be a fully initiated Catholic in good standing as stated by the above requirements. The proxy does not need to get a sponsor form from their church.

